

1st Asia Pacific Masters Games Athletics Competition Schedule 7 - 15 September 2018

Friday 7 September 2018 -Day One Morning Session

Event Number	Time	Event	Category	Age Group	Heats/Final
101	07:20	5000m	Men	30	Final
102	07:20	5000m	Men	35	Final
103	08:00	High Jump	Men	65	Final
104	08:00	High Jump	Men	70	Final
105	08:00	Javelin Throw (700g)	Men	50	Final
106	08:00	5000m	Men	40	Final
107	08:00	5000m	Men	45	Final
108	09:00	Triple Jump	Women	55	Final
109	09:00	Triple Jump	Women	60	Final
110	09:00	Triple Jump	Women	65	Final
111	09:00	Triple Jump	Women	70	Final
112	09:00	Triple Jump	Women	75	Final
113	09:00	Javelin Throw (700g)	Men	55	Final
114	08:40	100m	Women	40	Heats
115	09:00	100m	Women	55	Heats
116	09:20	100m	Men	35	Heats
117	09:40	100m	Men	40	Heats
118	10:00	High Jump	Men	75	Final
119	10:00	High Jump	Men	80	Final
120	10:00	High Jump	Men	85	Final
121	10:00	100m	Men	45	Heats
122	10:20	100m	Men	50	Heats
123	10:20	Javelin Throw (500g)	Women	50	Final
124	10:20	Javelin Throw (500g)	Women	55	Final
125	10:40	100m	Men	55	Heats
126	11:00	100m	Men	60	Heats
127	11:20	100m	Men	65	Heats
128	11:40	100m	Men	70	Heats

Friday 7 September 2018 -Day One Afternoon Session

Event Number	Time	Event	Category	Age Group	Heats /Final
129	14:20	High Jump	Men	35	Final
130	14:20	High Jump	Men	40	Final
131	14:20	Triple Jump	Women	40	Final
132	14:20	100m	Women	30	Final
133	14:30	100m	Women	35	Final
134	15:00	Javelin Throw (400g)	Women	60	Final
135	15:00	Javelin Throw (400g)	Women	65	Final
136	14:40	100m	Women	40	Final
137	14:50	100m	Women	45	Final
138	15:00	100m	Women	50	Final
139	15:10	100m	Women	55	Final
140	15:20	100m	Women	60	Final
141	15:30	100m	Women	70	Final
142	15:40	100m	Women	75	Final
143	15:40	100m	Women	80	Final
144	15:50	100m	Men	30	Final
145	16:00	100m	Men	35	Final
146	16:10	100m	Men	40	Final
147	16:20	100m	Men	45	Final
148	16:30	100m	Men	50	Final
149	16:30	High Jump	Men	45	Final
150	16:30	High Jump	Men	50	Final
151	16:40	100m	Men	55	Final
152	16:50	100m	Men	60	Final
153	16:50	Javelin Throw (400g)	Women	70	Final
154	16:50	Javelin Throw (400g)	Women	75	Final
155	16:50	Javelin Throw (400g)	Women	80	Final
156	17:00	Triple Jump	Women	45	Final
157	17:00	Triple Jump	Women	50	Final
158	17:00	100m	Men	65	Final
159	17:10	100m	Men	70	Final
160	17:20	100m	Men	75	Final
161	17:30	100m	Men	80	Final
162	17:30	100m	Men	85	Final
163	17:40	5000m	Women	35	Final
164	17:40	5000m	Women	40	Final
165	17:40	5000m	Women	45	Final
166	18:20	5000m	Women	50	Final
167	18:20	5000m	Women	55	Final
168	18:20	5000m	Women	60	Final

Saturday 8 September 2018- Day Two Morning Session

Event Number	Time	Event	Category	Age Group	Heats /Final
201	07:30	5000m	Men	50	Final
202	07:30	5000m	Men	55	Final
203	07:40	Javelin Throw (600g)	Women	35	Final
204	08:00	Triple Jump	Men	65	Final
205	08:20	Javelin Throw (600g)	Women	40	Final
206	08:20	5000m	Men	60	Final
207	08:20	5000m	Men	65	Final
208	08:30	High Jump	Men	60	Final
209	09:10	5000m	Men	70	Final
210	09:10	5000m	Men	75 & Above	Final
211	09:30	Javelin Throw (600g)	Women	45	Final
212	09:30	Triple Jump	Men	55	Final
213	09:30	Triple Jump	Men	70	Final
214	09:30	Triple Jump	Men	80	Final
215	09:50	High Jump	Men	55	Final
216	10:20	Javelin Throw (500g)	Men	70	Final
217	10:20	100mH(0.914)	Men	50	Heats
218	10:40	100mH(0.99)	Men	40	Heats

Sunday 9 September 2018- Day Three

Event Number	Time	Event	Category	Age Group	Heats /Final
301	05:30	21 KM Run	Men	All	Final
302	05:30	21 KM Run	Women	All	Final
303	06:30	10 KM Run	Men	All	Final
304	06:30	10 KM Run	Women	All	Final

Sunday 9 September 2018- Day Three Afternoon Session

Event Number	Time	Event	Category	Age Group	Heats /Final
305	14:20	Javelin Throw (800g)	Men	35	Final
306	17:30	Triple Jump	Men	30	Final
307	14:20	Triple Jump	Men	35	Final
308	14:40	80mH(0.686)	Women	75	Final
309	14:50	80mH(0.686)	Men	85	Final
310	14:50	80mH(0.686)	Men	80	Final
311	15:05	80mH(0.762)	Women	55	Final
312	15:20	Javelin Throw (800g)	Men	40	Final
313	15:20	Triple Jump	Men	40	Final
314	15:20	Triple Jump	Men	45	Final
315	15:15	80mH(0.762)	Women	50	Final
316	15:25	80mH(0.762)	Women	45	Final
317	15:35	80mH(0.762)	Women	40	Final
318	15:45	80mH(0.762)	Men	75	Final
319	15:45	80mH(0.762)	Men	70	Final
320	16:00	100mH(0.84)	Women	30	Final
321	16:10	Javelin Throw (800g)	Men	45	Final
322	16:10	100mH(0.84)	Men	65	Final
323	16:20	100mH(0.84)	Men	60	Final
324	16:30	Triple Jump	Men	50	Final
325	16:35	100mH(0.914)	Men	55	Final
326	16:45	100mH(0.914)	Men	50	Final
327	17:00	110mH(0.99)	Men	45	Final
328	17:10	110mH(0.99)	Men	40	Final
329	17:20	Javelin Throw (600g)	Men	60	Final
330	17:20	Javelin Throw (600g)	Men	65	Final
331	17:20	110mH(0.99)	Men	35	Final
332	17:20	110mH(0.99)	Men	30	Final
333	17:50	5000m	Women	65	Final
334	17:50	5000m	Women	70	Final
335	17:50	5000m	Women	75	Final

Monday 10 September 2018 Day Four Morning Session

Event Number	Time	Event	Category	Age Group	Heats /Final
401	07:30	3000m Walk	Women	60	Final
402	07:30	3000m Walk	Women	65	Final
403	07:30	3000m Walk	Women	70	Final
404	07:30	3000m Walk	Women	75	Final
405	08:10	Shot Put(4K)	Women	35	Final
406	08:10	Long Jump	Men	50	Final
407	08:10	Discus Throw(1K)	Men	60	Final
408	08:15	3000m Walk	Women	35	Final
409	08:15	3000m Walk	Women	40	Final
410	08:15	3000m Walk	Women	45	Final
411	08:15	3000m Walk	Women	50	Final
412	09:00	3000m Walk	Women	55	Final
413	09:20	Shot Put(4K)	Women	40	Final
414	09:20	High Jump	Women	55	Final
415	09:20	High Jump	Women	60	Final
416	09:20	Long Jump	Men	55	Final
417	09:25	Discus Throw(1K)	Men	65	Final
418	10:00	4x100m	Men	< 160	Final
419	10:10	4x100m	Men	160 -199	Final
420	10:20	4x100m	Men	200 - 239	Final
421	10:30	4x100m	Men	240 +	Final
422	10:40	4x100m	Women	200 - 239	Final

Monday 10 September 2018 Day Four Afternoon Session

Event Number	Time	Event	Category	Age Group	Heats /Final
423	14:30	Long Jump	Men	75	Final
424	14:30	Long Jump	Men	80	Final
425	15:15	800m	Men	35	Final
426	15:30	800m	Men	40	Final
427	15:40	Pole Vault	Men	30	Final
428	15:45	4x100m	Women	< 160	Final
429	16:00	4x100m	Women	160 -199	Final
430	16:20	4x100m	Women	240 +	Final
431	16:30	Long Jump	Men	60	Final
432	16:30	Shot Put(4K)	Women	45	Final
433	16:40	3000m Walk	Men	35	Final
434	16:40	3000m Walk	Men	40	Final
435	16:40	3000m Walk	Men	45	Final
436	16:45	Javelin Throw	Men	30	Final
437	17:15	3000m Walk	Men	50	Final
438	17:15	3000m Walk	Men	55	Final
439	17:15	3000m Walk	Men	60	Final
440	17:50	3000m Walk	Men	65	Final
441	17:50	3000m Walk	Men	70	Final
442	17:50	3000m Walk	Men	75	Final
443	17:50	3000m Walk	Men	80	Final

Tuesday 11 September 2018 -Day Five Morning Session

Event Number	Time	Event	Category	Age Group	Heats /Final
501	07:20	5000m Walk	Men	30	Final
502	07:20	5000m Walk	Men	35	Final
503	07:20	5000m Walk	Men	40	Final
504	07:20	5000m Walk	Men	45	Final
505	07:20	5000m Walk	Men	50	Final
506	07:20	5000m Walk	Men	55	Final
507	08:00	Discus Throw (1K)	Women	60	Final
508	08:00	Javelin Throw (400g)	Men	85	Final
509	08:10	1500m	Men	30	Final
510	08:25	1500m	Men	35	Final
511	08:40	1500m	Men	40	Final
512	08:55	1500m	Men	45	Final
513	09:10	Discus Throw (1K)	Women	65	Final
514	09:10	Discus Throw (1K)	Women	70	Final
515	09:10	1500m	Men	50	Final
516	09:25	1500m	Men	55	Final
517	09:40	Pole Vault	Women	70	Final
518	09:40	Triple Jump	Men	60	Final
519	09:40	200m	Women	40	Heats
520	09:55	200m	Men	65	Heats
521	10:10	200m	Men	35	Heats
522	10:15	Discus Throw (0.75K)	Women	75	Final
523	10:15	Discus Throw (0.75K)	Women	80	Final
524	10:25	200m	Men	40	Heats
525	10:45	200m	Men	45	Heats
526	11:05	200m	Men	50	Heats
527	11:30	200m	Men	55	Heats
528	11:45	200m	Men	60	Heats

Tuesday 11 September 2018 - Day Five Afternoon Session

Event Number	Time	Event	Category	Age Group	Heats /Final
529	14:20	Pole Vault	Men	40	Final
530	14:20	Pole Vault	Men	45	Final
531	14:20	Long Jump	Women	50	Final
532	14:20	Long Jump	Women	55	Final
533	14:20	Discus Throw (2K)	Men	35	Final
534	14:20	200m	Women	30	Final
535	14:30	200m	Women	35	Final
536	14:40	200m	Women	40	Final
537	14:50	200m	Women	45	Final
538	15:00	200m	Women	50	Final
539	15:10	200m	Women	55	Final
540	15:20	200m	Women	65	Final
541	15:25	Long Jump	Women	60	Final
542	15:25	Long Jump	Women	65	Final
543	15:30	Discus Throw (2K)	Men	40	Final
544	15:30	Discus Throw (2K)	Men	45	Final
545	15:30	200m	Women	70	Final
546	15:30	200m	Women	75	Final
547	15:30	200m	Women	80	Final
548	15:40	200m	Men	30	Final
549	15:50	200m	Men	35	Final
550	16:00	Pole Vault	Men	50	Final
551	16:00	Pole Vault	Men	55	Final
552	16:00	Pole Vault	Men	60	Final
553	16:00	200m	Men	40	Final
554	16:10	200m	Men	45	Final
555	16:20	200m	Men	50	Final
556	16:40	Long Jump	Women	70	Final
557	16:40	Long Jump	Women	75	Final
558	16:30	200m	Men	55	Final
559	16:40	200m	Men	60	Final
560	16:50	200m	Men	65	Final
561	17:00	200m	Men	70	Final
562	17:10	200m	Men	75	Final
563	17:20	200m	Men	80	Final
564	17:30	Discus Throw (1.5K)	Men	50	Final
565	17:30	Discus Throw (1.5K)	Men	55	Final
566	17:30	1500m	Men	60	Final
567	17:45	1500m	Men	65	Final
568	18:00	1500m	Men	70	Final
569	18:00	1500m	Men	75	Final
570	18:00	1500m	Men	80	Final
571	18:00	1500m	Men	85	Final

572	18:15	5000m Walk	Men	65	Final
573	18:15	5000m Walk	Men	60	Final
574	18:15	5000m Walk	Men	70	Final
575	18:15	5000m Walk	Men	75	Final
576	18:15	5000m Walk	Men	80	Final

Wednesday 12 September 2018- Day Six Morning Session

Event Number	Time	Event	Category	Age Group	Heats /Final
601	07:30	5000m Walk	Women	35	Final
602	07:30	5000m Walk	Women	40	Final
603	07:30	5000m Walk	Women	45	Final
604	07:30	5000m Walk	Women	50	Final
605	07:45	Long Jump	Women	35	Final
606	07:45	Long Jump	Women	40	Final
607	07:45	Discus Throw (1.0K)	Women	30	Final
608	07:45	Discus Throw (1K)	Women	35	Final
609	07:45	Discus Throw (1K)	Women	40	Final
610	08:30	5000m Walk	Women	55	Final
611	08:30	5000m Walk	Women	60	Final
612	08:45	Pole Vault	Men	65	Final
613	08:45	Pole Vault	Men	70	Final
614	08:45	Pole Vault	Men	85	Final
615	09:40	Long Jump	Women	45	Final
616	09:40	800m	Women	30	Final
617	09:40	800m	Women	35	Final
618	09:40	Discus Throw (1K)	Women	45	Final
619	09:55	800m	Women	40	Final
620	09:55	800m	Women	45	Final
621	10:10	800m	Women	50	Final
622	10:25	800m	Women	55	Final
623	10:40	800m	Women	65	Final
624	10:40	800m	Women	70	Final
625	10:40	800m	Women	80	Final

Wednesday 12 September 2018- Day Six Afternoon Session

Event Number	Time	Event	Category	Age Group	Heats /Final
626	14:20	High Jump	Women	40	Final
627	14:20	High Jump	Women	45	Final
628	14:20	Shot Put(7.26K)	Men	35	Final
629	14:20	Long Jump	Men	35	Final
630	14:30	800m	Men	30	Final
631	14:45	800m	Men	45	Final
632	14:45	Discus Throw (1.0K)	Men	70	Final
633	14:45	Discus Throw (1.0K)	Men	75	Final
634	15:00	800m	Men	50	Final
635	15:15	800m	Men	55	Final
636	15:30	Shot Put(7.26K)	Men	40	Final
637	15:30	800m	Men	60	Final
638	15:45	800m	Men	65	Final
639	15:40	Long Jump	Men	40	Final
640	16:00	800m	Men	70	Final
641	16:00	800m	Men	75	Final
642	16:20	800m	Men	80	Final
643	16:20	800m	Men	85	Final
644	16:20	Discus Throw (1.0K)	Men	80	Final
645	16:20	Discus Throw (1.0K)	Men	85	Final
646	16:50	Shot Put(7.26K)	Men	45	Final
647	16:50	Long Jump	Men	45	Final
648	17:00	5000m Walk	Women	65	Final
649	17:00	5000m Walk	Women	70	Final
650	17:00	5000m Walk	Women	75	Final

Thursday 13 August 2018- Day Seven Morning Session

Event Number	Time	Event	Category	Age Group	Heats /Final
701	07:30	1500m Walk	Women	35	Final
702	07:30	1500m Walk	Women	40	Final
703	07:30	1500m Walk	Women	50	Final
704	07:50	1500m Walk	Women	55	Final
705	07:50	1500m Walk	Women	60	Final
706	08:00	Discus Throw (1K)	Women	50	Final
707	08:00	Shot Put (6K)	Men	50	Final
708	08:20	1500m Walk	Women	65	Final
709	08:20	1500m Walk	Women	70	Final
710	08:20	1500m Walk	Women	75	Final
711	08:20	1500m Walk	Women	80	Final
712	08:45	High Jump	Women	75	Final
713	08:45	High Jump	Women	80	Final
714	08:45	Long Jump	Men	65	Final
715	08:45	Long Jump	Men	70	Final
716	08:50	400m	Men	35	Heats
717	09:10	400m	Men	40	Heats
718	09:10	Discus Throw (1K)	Women	55	Final
719	09:35	400m	Men	45	Heats
720	09:55	400m	Men	50	Heats
721	09:55	Shot Put (6K)	Men	55	Final
722	10:00	Discus Throw (2K)	Men	30	Final
723	10:20	400m	Men	55	Heats
724	10:40	400m	Men	60	Heats
725	11:00	400m	Men	65	Heats

Thursday 13 September 2018- Day Seven Afternoon Session

Event Number	Time	Event	Category	Age Group	Heats /Final
726	14:20	Hammer Throw (7.26K)	Men	35	Final
727	14:20	Shot Put (4K)	Men	70	Final
728	14:20	Shot Put (4K)	Men	75	Final
729	14:30	400m	Women	30	Final
730	14:30	400m	Women	35	Final
731	14:40	400m	Women	40	Final
732	14:50	400m	Women	45	Final
733	15:00	400m	Women	50	Final
734	15:10	400m	Women	55	Final
735	15:20	400m	Women	65	Final
736	15:20	400m	Women	70	Final
737	15:20	400m	Women	80	Final
738	15:30	Shot Put (3K)	Men	80	Final
739	15:30	Shot Put (3K)	Men	85	Final
740	15:30	Hammer Throw (7.26K)	Men	40	Final
741	15:30	Hammer Throw (7.26K)	Men	45	Final
742	15:30	400m	Men	30	Final
743	15:40	400m	Men	35	Final
744	15:50	400m	Men	40	Final
745	16:00	400m	Men	45	Final
746	16:10	400m	Men	50	Final
747	16:20	400m	Men	55	Final
748	16:30	400m	Men	60	Final
749	16:40	400m	Men	65	Final
750	16:50	400m	Men	70	Final
751	16:50	Shot Put(4K)	Women	30	Final
752	16:50	Hammer Throw (6K)	Men	50	Final
753	16:50	Hammer Throw (6K)	Men	55	Final
754	17:00	400m	Men	75	Final
755	17:10	400m	Men	80	Final
756	17:10	400m	Men	85	Final
757	17:20	10000m	Men	30	Final
758	17:20	10000m	Men	35	Final
759	17:20	10000m	Men	40	Final
760	17:20	10000m	Men	45	Final
761	17:20	10000m	Men	50	Final
762	17:20	10000m	Men	55	Final

Friday 14 September 2018 Day Eight Morning Session

Event Number	Time	Event	Category	Age Group	Heats /Final
801	07:20	10000m	Men	60	Final
802	07:20	10000m	Men	65	Final
803	07:20	10000m	Men	70	Final
804	07:20	10000m	Men	75	Final
805	07:20	10000m	Men	85	Final
806	07:45	Hammer Throw (5K)	Men	60	Final
807	07:45	Hammer Throw (5K)	Men	65	Final
808	08:10	Shot Put (2K)	Women	75	Final
809	08:10	Shot Put (2K)	Women	80	Final
810	08:50	1500m	Women	30	Final
811	08:50	1500m	Women	35	Final
812	09:05	1500m	Women	40	Final
813	09:20	1500m	Women	45	Final
814	09:30	Hammer Throw (4K)	Men	70	Final
815	09:30	Hammer Throw (4K)	Men	75	Final
816	09:30	High Jump	Women	30	Final
817	09:30	Shot Put (3K)	Women	60	Final
818	09:30	Shot Put (3K)	Women	65	Final
819	09:30	Shot Put (3K)	Women	70	Final
820	09:35	1500m	Women	50	Final
821	09:50	1500m	Women	55	Final
822	10:05	1500m	Women	65	Final
823	10:05	1500m	Women	70	Final
824	10:05	1500m	Women	75	Final
825	10:05	1500m	Women	80	Final
826	10:20	400mH(0.914)	Men	30	Final
827	10:20	400mH(0.914)	Men	35	Final
828	10:30	400mH(0.914)	Men	40	Final
829	10:30	Hammer Throw (3K)	Men	80	Final
830	10:30	Hammer Throw (3K)	Men	85	Final
831	10:40	400mH(0.914)	Men	45	Final
832	11:05	400mH(0.84)	Men	50	Final
833	11:15	400mH(0.84)	Men	55	Final
834	11:30	400mH(0.762)	Women	40	Final
835	1130	400mH(0.762)	Women	45	Final

Friday 14 September 2018 - Day Eight Afternoon Session

Event Number	Time	Event	Category	Age Group	Heats /Final
836	14:30	Hammer Throw (3K)	Women	60	Final
837	14:30	Hammer Throw (3K)	Women	65	Final
838	14:30	Hammer Throw (3K)	Women	70	Final
839	14:30	Shot Put (3K)	Women	50	Final
840	14:30	Shot Put (3K)	Women	55	Final
841	15:00	300mH(0.762)	Women	55	Final
842	15:10	300mH(0.762)	Men	60	Final
843	15:20	300mH(0.762)	Men	65	Final
844	15:30	300mH(0.686)	Men	70	Final
845	15:30	Shot Put (5K)	Men	60	Final
846	15:30	Shot Put (5K)	Men	65	Final
847	15:50	Hammer Throw (2K)	Women	80	Final
848	16:00	3000m SC (0.914)	Men	30	Final
849	16:00	3000m SC (0.914)	Men	35	Final
850	16:00	3000m SC (0.914)	Men	40	Final
851	16:30	3000m SC (0.914)	Men	50	Final
852	16:30	3000m SC (0.914)	Men	55	Final

Saturday 15 September 2018- Day Nine Morning Session

Event Number	Time	Event	Category	Age Group	Heats /Final
901	07:20	10000m	Women	40	Final
902	07:20	10000m	Women	45	Final
903	07:20	10000m	Women	50	Final
904	07:20	10000m	Women	55	Final
905	07:20	10000m	Women	60	Final
906	08:00	Long Jump	Men	30	Final
907	08:00	Hammer Throw (4K)	Women	30	Final
908	08:00	Hammer Throw (4K)	Women	35	Final
909	08:00	Hammer Throw (4K)	Women	40	Final
910	08:00	1500m Walk	Men	30	Final
911	08:50	1500m Walk	Men	35	Final
912	08:50	1500m Walk	Men	40	Final
913	09:15	1500m Walk	Men	45	Final
914	09:15	1500m Walk	Men	50	Final
915	09:15	1500m Walk	Men	55	Final
916	09:40	1500m Walk	Men	60	Final
917	09:40	1500m Walk	Men	65	Final
918	10:20	Hammer Throw (7.26K)	Men	30	Final
919	10:20	1500m Walk	Men	70	Final
920	10:20	1500m Walk	Men	75	Final
921	10:20	1500m Walk	Men	80	Final

Saturday 15 September 2018- Day Nine Afternoon Session

Event Number	Time	Event	Category	Age Group	Heats /Final
922	14:30	2000m SC (0.762)	Men	60	Final
923	14:30	2000m SC (0.762)	Men	65	Final
924	14:30	Long Jump	Women	30	Final
925	14:30	Hammer Throw (3K)	Women	50	Final
926	14:30	Hammer Throw (3K)	Women	55	Final
927	14:30	Shot Put(7.26K)	Men	30	Final
928	15:00	2000m SC (0.762)	Men	70	Final
929	15:00	2000m SC (0.762)	Men	75	Final
930	15:00	2000m SC (0.762)	Men	80	Final
931	15:40	4x400m	Women	240 +	Final
932	15:50	4x400m	Women	200 - 239	Final
933	16:00	4x400m	Women	160 - 199	Final
934	16:10	4x400m	Women	<160	Final
935	16:20	4x400m	Men	240 +	Final
936	16:30	4x400m	Men	200 - 239	Final
937	16:40	4x400m	Men	160 - 199	Final
938	16:50	4x400m	Men	<160	Final